

His Holiness Katok Getse Rinpoche



First Phowa Retreat in the U.S.

Teachings, Practice & Empowerments
June 19th to 26th

Spangle, WA

Pre-registration required-limited space availability

Call 509 245 3431 or email kelsangling@gmail.com

The practice of Phowa is considered the most effective way to facilitate the transition between the after death (Bardo), and before one's next birth state (Bardo), or any of the Six Bardos. It can be done by a practitioner at the time of their death, or for another person who is dying or for someone who has already passed on.

The 4th His Holiness Katok Getse Rinpoche is the supreme head of the Kathok School of the Nyingma tradition of Tibetan

Buddhism. His Holiness is a master of Dzogchen and has done many years of retreat. He visited many of the Kathok branch monasteries in Tibet, in 1997, he left Tibet.

He was recognized as the 4th Getse Rinpoche by His Holiness the Sixteenth Karmapa, the previous Dzongsar Khyentse Rinpoche, and Adzom Gyalsé Rinpoche. From a very early age he received teachings and empowerments from Dudjom Lingpa's grandson Tulku Nyila, Khenchen Jigmé Puntsok Rinpoche, Adzom Drukpa, Katok Moktsa Rinpoche, Khenpo Ngakchung, and H.H. the Dalai Lama. His Holiness has taught widely throughout Asia as well as Africa, South America and North America. This is his fourth visit to the United States.

Public Talk - June 19th

Topic: To Be Determined

6:00 to 7:00 pm

Spokane Buddhist Temple 927 S. Perry, Spokane, WA

\$25.00 suggested donation: no one will be turned away for a lack of funds.

Questions on the public talk contact: kunpanling@gmail.com

For updated information about the retreat or public talk go to: laksheylama.com